**Year 2 - Physical Education Curriculum Overview 2025/26**

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| **YR****2** | **Autumn 1 (7weeks)** | **Autumn 2 (8)** | **Spring 1(5)** | **Spring 2 (6)** | **Summer 1 (6)** | **Summer 2 (7)** |
| **Content** | **Fundamental Movements** | **Sending and Receiving** | **Gymnastics & Dance** | **Team Building Activities** | **Athletics** | **Target Games** |
| **Key new knowledge** | Fluent directional movementOne or two-footed jumpsControlled running speedsHopping and skipping sequences | Improved rolling accuracyConsistent catchingUnderarm throws to moving targetsStopping and preparing balls | Complex balancesSmooth transitionsMovement patterns with musicControlled sequences | How to work cooperatively with a partner to solve a challenge.How to take on a role within a small team to complete a task.How to communicate clearly with teammates to achieve a goal.How to demonstrate patience and fairness when working in a group. | Controlled running speedsSafe jumping for height and distanceOverarm throws with accuracySmooth relay participation | Accurate rolling to small targetsControlled beanbag throwsAiming and striking with equipmentApplying simple tactics |
| **Assessments** |  |  |  |  |  |  |