**Year 2 - Physical Education Curriculum Overview 2025/26**

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| **YR**  **2** | **Autumn 1 (7weeks)** | **Autumn 2 (8)** | **Spring 1(5)** | **Spring 2 (6)** | **Summer 1 (6)** | **Summer 2 (7)** |
| **Content** | **Fundamental Movements** | **Sending and Receiving** | **Gymnastics & Dance** | **Team Building Activities** | **Athletics** | **Target Games** |
| **Key new knowledge** | Fluent directional movement  One or two-footed jumps  Controlled running speeds  Hopping and skipping sequences | Improved rolling accuracy  Consistent catching  Underarm throws to moving targets  Stopping and preparing balls | Complex balances  Smooth transitions  Movement patterns with music  Controlled sequences | How to work cooperatively with a partner to solve a challenge.  How to take on a role within a small team to complete a task.  How to communicate clearly with teammates to achieve a goal.  How to demonstrate patience and fairness when working in a group. | Controlled running speeds  Safe jumping for height and distance  Overarm throws with accuracy  Smooth relay participation | Accurate rolling to small targets  Controlled beanbag throws  Aiming and striking with equipment  Applying simple tactics |
| **Assessments** |  |  |  |  |  |  |