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| **PSHE & RSE Primary Curriculum Map 2025 - 2026** | | | | | | | |
|  | | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Mental Health Topic** | | *1 lesson Mental Health for each year group*  *( See MH Curr Map)* | *1 lesson Mental Health for each year group*  *( See MH Curr Map)* | *1 lesson Mental Health for each year group*  *( See MH Curr Map)* | | *1 lesson Mental Health for each year group*  *( See MH Curr Map)* | |
| **Year 1** | KS1 | TEAM  (Relationships) | Think Positive  (Health and Well-Being) | Diverse Britain  (Living in the  Wider World) | Be Yourself  (Relationships) | It’s My Body  (Health and Well- Being) | Aiming High  (Living in the  Wider World) |
| **Year 2** | KS1 | VIPs  (Relationships) | Safety First  (Health and Well – Being) | One World  (Living in the  Wider World) | Digital  Well – Being  (Relationships) | Money Matters  (Living in the  Wider world) | Growing Up  (Health and Well- Being) |
| **Year 3** | LKS2 | TEAM  (Relationships) | Think Positive  (Health and Well-Being) | Diverse Britain  (Living in the  Wider World) | Be Yourself  (Relationships) | It’s My Body  (Health and Well- Being) | Aiming High  (Living in the  Wider World) |
| **Year 4** | LKS2 | VIPs  (Relationships) | Safety First  (Health and Well-Being) | One World  (Living in the  Wider World) | Digital  Well – Being  (Relationships) | Money Matters  (Living in the  Wider world) | Growing Up \*  (Health and Well- Being) |
| **Year 5** | UKS2 | TEAM  (Relationships) | Think Positive  (Health and Well – Being) | Diverse Britain  (Living in the  Wider World) | Be Yourself  (Relationships) | It’s My Body  (Health and Well- Being) | Aiming High  (Living in the  Wider World) |
| **Year 6** | UKS2 | VIPs  (Relationships) | Safety First  (Health and Well – Being) | One World  (Living in the  Wider World) | Digital  Well – Being  (Relationships) | Money Matters  (Living in the  Wider world) | Growing Up \*  (Health and Well- Being) |

Growing Up \* - Refer to lesson by lesson map as some lessons within this topic are NOT to be taught

**PLANNING** = Click on this Twinkl Link  [PSHE Planning Overviews | Categories | Twinkl Life](https://www.twinkl.co.uk/resources/pshce-twinkl-life/guides-pshce-twinkl-life/pshe-overviews-teacher-guides-pshe-citizenship-and-relationships-education-twinkl-life)

* + KS1 = <https://www.twinkl.co.uk/resource/ks1-planning-overview-pack-t-lf-1656442851>
  + LKS2 = <https://www.twinkl.co.uk/resource/pshe-and-citizenship-lks2-unit-overviews-pack-t-lf-1656444560>
  + UKS2 = [httpWorlds://www.twinkl.co.uk/resource/pshe-and-citizenship-uks2-unit-overviews-pack-t-lf-1656959415](https://www.twinkl.co.uk/resource/pshe-and-citizenship-uks2-unit-overviews-pack-t-lf-1656959415)

**KNOWLEDGE ORGANISERS = Please print, share and glue in pupil books,** for each of the topics. Scroll down on this link = <https://www.twinkl.co.uk/resources/pshce-twinkl-life/guides-pshce-twinkl-life/pshe-overviews-teacher-guides-pshe-citizenship-and-relationships-education-twinkl-life>